

# intenza

450 SERIES TREADMILL 110V [INTENZAFITNESS.COM](http://INTENZAFITNESS.COM)



## Treadmill Features

Display Readouts	■ HR, Incline, Pace, Time, METS, Calories, Distance, Speed, Workout Summary, Workout Profile
Heart Rate Monitoring	■ Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly	■ Allows switching to other workout programs during exercise
Power Saving System	■ Energy saver mode is used to minimise power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements
Auto Stop	■ Bring the treadmill to stop when it is not in use
MYE Audio Kit Options	■ Optional accessories support MYE audio receiver
Uni—Dial™ Control	■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™
C—SAFE Standard Power	■ Standard C—SAFE power supports the power supply of external tools
C—SAFE Connectivity	• Optional connectivity facilitates data transfer (available by demand)
Display Type	• Industrial grade 12" colour TFT LCD display for longer life time ◦ Large white light LED message centre easily provides all needed information
InCare™ Online	• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Language	• 21 countries are offered
Screensaver	• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Wi—Fi Capability	• Supports InCare™ Online, software updates
USB Connectivity	• For setting and software upgrade

## Performance Features

Belt	■ Pre—waxed PU belt
Controller	■ AC inverter
Cushioning	■ Elastomer shock absorber
Deck	■ Double side pre—waxed reversible deck
Incline	■ 0—15%
Max User Weight	■ 181kg (400 lbs)
Motor	■ 4 HP industrial grade AC motor
Running Surface	■ 56 x 155cm (22 x 61")
Speed	■ 1—25km/h (0.6—15.6 mph)
Step—Up Height	■ 27cm (10.6")

## Workout Options

Fitness Test	■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Walk, Run and IPPT
Quick Start	■ Quick Start is a manual workout
Target Program	• 3 Target programs: Time (10—99 mins), Distance (1—99.9 km), Calories (10—2500 Kcals) ◦ 3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)
Advanced Program	• 20 Preset programs: 4 Walking Hill, 4 Speed Interval, 2 High Intensity, 10 Weeks Running ◦ 10 Preset programs: 4 Walking Hill, 4 Speed Interval, 2 High Intensity
HR Control	• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength
Race	• Race program offers a fun challenge by racing against existing champion for 3km, 5km, or 10km races

## ComfortFit™ Features

Accessories Holder	■ Conveniently placed accessories holder for portable music players and mobile phones
Cockpit	■ Spaciously designed for your comfort and convenience
Ergo Bar Control Centre	■ Manual stick shift for speed and incline adjustment at an easy—access position during workout
Motor Hood	■ Streamlined motor hood design offers unobstructed space for running in comfort
Water Bottle Holders	■ Dual water bottle holders support 1 litre water bottles

## Product Dimensions

Foot Print	■ L x W: 215 x 96cm (84 x 38")
Product Dimensions	■ L x W x H: 215 x 96 x 154cm (84 x 38 x 60")
Product Net Weight	• 228kg (502 lbs) ◦ 224.5kg (494 lbs)
Shipping Dimensions	■ L x W x H: 225 x 109 x 75cm (88 x 43 x 29")
Shipping Gross Weight	• 292kg (644 lbs) ◦ 290kg (639 lbs)